



Hygiene- and Protection Concept

102. Internationale Hugelregatta 2022

14. - 15.05.2022

Baldeneysee Essen

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For reasons of better readability, the language forms male, female and diverse (m/f/d) are not used simultaneously. All personal terms apply equally to all **genders**.

Organisation

The Essener Ruder-Regattaverein e.V. (ERRV) is organising the 102nd International Hill Regatta at Lake Baldeney from 14 - 15.05.2022.

In order to provide all athletes and participants with the best possible protection before, during and after the event, the hygiene and protection concept is to be strictly adhered to for all participants.

An e-mail address will be set up where all information as well as enquiries on the subject of corona / vaccination etc. before, during and after the event will converge.

This e-mail address is: corona@errv.com. In addition, a hotline will be set up for urgent questions during the event. The number is: 01525/8440296.

The following regulations apply to the entire event site and are valid and to be observed from the time of arrival until departure.

The event area includes:

- the grounds of the regatta house of the city of Essen
- the entire water area
- the starting tower,
- the side judge's house and
- the starting bridge.

Before arrival

Before arrival, all participants, coaches, helpers, etc. must register for accreditation on the official portal. This serves to record their contact details. In addition, this group of persons confirms that they are aware of the current CoronaSchVo and the access restrictions.

Access to event site

Accreditations are issued by the organiser, which provide persons with an access authorisation to the event site. The accreditations are individualised and may not be passed on to other persons.

Access to the event area is only granted to persons who can present a negative rapid test that is not older than 12 hours. The test must be carried out at an official test station.

The personalised test result must be carried during the event and presented on request. For legitimisation purposes, an official identification document with photo must also be carried.

Exceptions to this are only convalescents and vaccinated persons in accordance with §3 of the CoronaSchVO NRW of 02.04.2022. These must present an official medical document for legitimisation in order to be released from the testing obligation, which must be carried during the entire event. In addition, the vaccination status must also be proven via the so-called Corona Warn App or the Covpass App as well as an official identification document.

Athletes and support staff are not allowed to participate in the event if they have any form of symptoms. Symptomatic individuals must remain in isolation and consult a doctor and follow their instructions. In addition, the Covid representative for the event must be informed immediately on 01525/8440296.

The same applies to accompanying persons. This also applies in the event that a participant has been in personal contact with a person showing symptoms of Covid-19 disease (1st degree contact person).

(cf. schedule)

Hand disinfection

Every person must perform hygienic hand disinfection at regular intervals. Suitable disinfectant dispensers with approved hand disinfectant are kept available and distributed on the premises.

Mouth-Nose-Protection

Mouth-nose protection must be worn in enclosed areas, in sanitary facilities and in queues.

Distance regulation

A minimum distance of 1.5 metres between individuals must be ensured throughout the event area. This does not apply to the time when the athletes are on their sports equipment.

Signs

Die geltenden Schutzmanahmen und Verhaltensregeln (inkl. allgemeinen Regeln des Infektionsschutzes wie „Niesetikette“, Einordnung von Erkaltungssymptomen, AHA-Regeln etc.) sind durch geeignete Hinweisschilder kenntlich zu machen.

Personen die sich nicht an die Regelungen halten, wird die Akkreditierung entzogen und des Veranstaltungsgelandes verwiesen.

Contact tracking

The organiser is obliged to record the contact details of all participants with date and time (name, first name, address, telephone number).

These must be kept for a period of one month and then destroyed in compliance with the DSGVO.

Areas with special infect control

1. Shuttle Service

- a) During transport, the wearing of a mouth-nose protection is mandatory for all passengers.
- b) To maintain the minimum distance, the number of persons allowed inside a bus will be limited accordingly. Passengers are encouraged not to use adjacent seats.
- c) The grip areas, especially in the standing area, are regularly disinfected after the final stop of each round.

2. Accreditation office

- a) Accreditation takes place at two counters protected by spit guards.
- b) Only one person per club/team may enter the accreditation office to receive accreditation.
- c) The waiting area for people not currently being served is located outside in front of the accreditation office.
- d) Floor markings will be installed in the accreditation office as well as in the waiting area to maintain the minimum distance.
- e) Upon entering the accreditation office, hands must be cleaned with the disinfectant provided by the organiser.

3. Regatta Office

- a) To reduce personal contacts, the regatta office can be reached by email at any time during opening hours. For this purpose, appropriate forms have been made available on the homepage (www.errv.com).
- b) Access to the regatta office is only permitted to members of the OC and coaches/supervisors with the appropriate accreditation. Before entering the regatta house, hands must be cleaned with the disinfectant provided by the organiser.

4. Bow number distribution

- a) The bow number issue is protected by spit guards.
- b) Floor markings will be installed to maintain the minimum distance.
- c) To avoid personal contacts, no copies of start lists or race results will be issued, but reference will be made to the documents published on the internet. In addition, these documents will be distributed by mail to the team managers.
- d) Hands must be cleaned with the disinfectant provided by the organiser both when entering and leaving the bow number issue area.
- e) The bow numbers will be disinfected by the helpers when they are taken back.

5. Boat storage

- a) The accumulation of athletes from several teams in the boat storage area must be avoided.
- b) For this purpose, the organiser shall distribute the boats of a race as widely as possible over the available boat storage areas.
- c) In the boat storage area, compliance with the minimum distance shall be ensured by regular inspections.

6. Scale

- a) The scale assistants are separated from the scales by a spit guard.
- b) Only one team is allowed to enter the weighing room for the weighing process.
- c) The workstation of the scale workers as well as any input devices are cleaned and disinfected at every shift change.
- d) Additional handle areas, such as the handle area of the bucket for creating the additional weight, are disinfected after each use.

7. Sanitary facilities

- a) The changing rooms as well as the showers are closed during the entire event.
- b) The toilets will be cleaned and disinfected at regular intervals.
- c) The regular cleaning and disinfection activities are documented in a cleaning protocol.

8. Stage

- a) In order to maintain the minimum distance, the number of people on the jetty will be limited.
- b) The implementation of this regulation is organised by the control commission. Their instructions must be followed by all persons.

9. Motor boar

- a) The wearing of a nose mask is obligatory for the driver of the motorboat.
- b) In principle, the obligation to wear a nose mask also applies to the competition judge. In order to improve the communication with the teams, the referee may take off the nose mask during a race.
- c) A maximum of one additional person is allowed.
- d) The motorboat driver is responsible for disinfecting the steering wheel and gear lever at the start of the shift.
- e) If there is a change of race judge, the driver is responsible for disinfecting the flags, bell and paper holder and for replacing the megaphone. The megaphones will be thoroughly cleaned afterwards.

10. Award ceremony

- a) The medals will be handed over to the athlete who has to put them on himself afterwards.
- b) Only one medal presenter will be present at each award ceremony.

- c) There will be no gestures of recognition, such as shaking hands.
- d) Athletes must also wear the mouth-nose protection during the award ceremony.
- e) For group photos, it is mandatory to keep the minimum distance between the different teams.
For group photos with the own team only, the mouth-nose protection may be taken off.

11. Timing

- a) Input devices must be disinfected before each user change.
- b) All persons in the target tower must wear mouth and nose protection at all times.
- c) To ensure permanent ventilation, doors and windows must be kept open at all times.
- d) For reasons of better communication, the judges must remove the mouth-nose protection for a short time when crossing the finish line.

12. Catering

- a) The catering is only available to accredited persons.
- b) Only a limited number of people may be in the catering tent at any one time. If this capacity is already exhausted, additional persons must wait outside the tent until other persons have left.
- c) When entering and leaving the catering tent, hands must be cleaned with the disinfectant provided by the organiser.
- d) Food will not be served by self-service. The food distribution area is protected by a spit guard.
- e) Floor markings will be installed at the food counter to maintain the minimum distance.
- f) During the meal, sufficient distance must be ensured on the benches. It is recommended that representatives of several clubs do not sit at the same table.
- g) Entry to the food service area is only permitted with a mouth-nose covering. This may be removed at the seat for the purpose of eating.

13. VIP/Presse

- a) Tables and chairs are arranged to ensure a minimum distance of 1.5m.

14. Start

- a) Start assistants:

The start helpers will be transported to the start bridge in two separate buses/boats. The places must be distributed in such a way that the minimum distance can be maintained.

The start helpers enter the starting bridge one after the other, whereby the first start helper goes to the lane furthest away from the entrance, the last start helper goes to the lane furthest away from the entrance. Leaving the bridge is done one after the other in reverse order.

The start helpers must wear a nose mask on the start bridge. This may be removed if the start helpers can maintain a sufficient safety distance on the start fingers.

- b) Starter:

To avoid comprehension problems, the starter may remove the nose guard to perform the start procedure.

- c) Seitenrichter:

In the side judge's house, it is imperative to maintain a minimum distance between the judge and the side judge.

A spit guard will be installed between the judge and the side judge.

During the entire period, make sure that the side judge's house is properly ventilated by opening the doors and windows.

15. Grandstand

Spectators are admitted in accordance with the spectator concept (see 13 ff.). Care is taken to ensure that the maximum permissible capacity is not exceeded.

16. Team Tents

- a) The erection of the team tents is only permitted in the designated areas and only after approval by the OC from Thursday, 12.05.2022 - 09:00. Approval will be given on site.
- b) As a matter of principle, the minimum distance and the obligation to wear masks must be observed during the erection and operation of the team tents.
- c) The preparation of food on the event site is prohibited. This applies in particular to the use of barbecues and/or gas or electric cookers on the entire event site.

17. Commentators

- a) The speaker's booth in the target tower must be ventilated regularly. In addition, all contact surfaces must be thoroughly disinfected after use.
- b) The speakers shall each use their own microphones
- c) To improve the intelligibility of the commentators, they are allowed to take off their mouth-nose protection during the moderation.

Spectator concept

For the event, the grandstand is open to all spectators.